Study habits

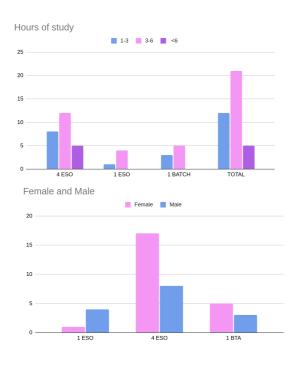
73,7% doesn't study with music

A study has been carried out in all classes of ESO and 1° of Bachillerato, making a sum of 38 people between the ages of 11 to 17 to draw conclusions on the study habits of the students of IES Turgalium.

After carrying out this survey, we can observe a 78.9% of those questioned think that homework is useful for their learning and 21.1% think the opposite.

60.5% think that their teachers do not put too much homework.

Another fact that we can highlight about study habits is that 50% of students go to private classes and the rest do not.



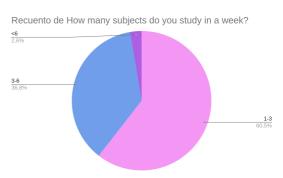
Intervalos	xi	fi	fixi	fixi^2
1-3	2	12	24	48
3-6	4,5	21	94,5	425,25
6-9	7,5	5	37,5	281,25
		38	156	754,5

It can also be observed that 78.9% of students think that their teachers put too many exams, while 21.1% think that they have a great number of exams.

We can verify that 100% of the students study in their room.

55.3% of students study from 3 to 6 hours a week and 60.5% study from 1 to 3 subjects a week.

89.5% affirm that they have from 1 to 3 exams a week.



DATA SHEET

Ambit: IES Turgalium

Universe: students from 1 ESO to 1

BACH

Survey type: Google Forms

Data collect: in student's teaching hours **Survey size:** 38 surveys done with students of 1 ESO, 4 ESO and 1 BACH

Date: MAY 2021

Authors: María Santos, Nerea Grande,

Adriana Pérez and Raúl Serrano.

SPORTS HABITS IN TEENAGERS AFTER CONFINEMENT

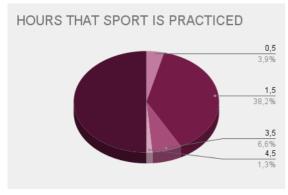
46,1% of teenagers practice sports for more than one hour a day

The aim of this work is the study and analysis of the sport habits of the students of the IES. Turgalium. This study has been carried out by means of surveys on spot and sedentary lifestyle, due to the increase in the rise of obesity data, caused by the confinement caused by covid-19.

More people have become sedentary and have adopted bad lifestyle habits, such as sitting or lying down all day long, without any exercise, whether playing video games, using the mobile phone, reading, watching TV, etc.

This leads to the risk of suffering from cardiovascular diseases or diabetes.

The questions in the survey dealt with the sport practiced by the people to whom it was addressed, the hours and place of training, etc.



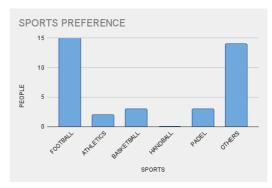
In this diagram of sectors, as we can see, 38.2% of the people who carried out the survey practice sports between 1-2 hours a day. 6.6% practice sports for 3-4 hours a day. 1.3% practice sports for 4-5 hours a day, and finally 3.9% practice sports for less than one hour a day.

AVERAGE HOURS: 1,76

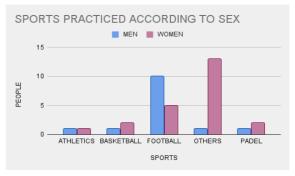
VARIANCE: 1,92

TYPICAL DEVIATION: 1,38

COEFFICIENT OF VARIATION: 0,78



The result of this graph says that the majority of people play football with 39,5%. With a slightly lower percentage, people practice other sports with 36,8%. And finally we have 3 sports that have the same percentage, which are paddle, tennis, basketball and athletics with 7,9%.



According to the study carried out, we have observed that in general, girls do more sport than boys, except in soccer where boys practice it more.

TECHNICAL DATA SHEET

SCOPE: Turgalium secondary school **SAMPLE:** students from all grades of the high school.

TYPE OF SURVEY: written.

COLLECTION OF INFORMATION:

teachers collected the information for the bilingual and non-bilingual groups of ESO.

SAMPLE SIZE: 38 surveys.

SURVEYSELECTION: all classes of 1st

ESO, 4th ESO, and 1st

Bachillerato.

DATE OF COMPLETION: May 2021. **GROUP MEMBERS:** Isabel, Saúl, Lucía

and Patricia.

ENTERTAINMENT HABITS.

- 65,6% of the students questioned watch Netflix. This shows that this is the most commonly used platform amongst young people.

These graphs show the entertainment habits of students from the secondary and bachillerato years at I.E.S Turgalium on audiovisual platforms which are easily accessed thanks to new advanced technology.

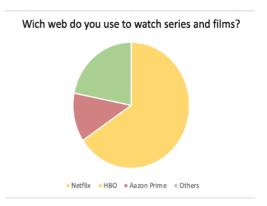
This document could be useful for any medium which requires statistical information relating to this project.

Н	How many episodes do you watch in a usual day?				
) —					
	0 - 3	4 - i7	8 -i10		

The diagram provides information about the platform used by an ordinary consumer of entertainment networks and platforms. The most common is the American web Netflix, with a percentage of 65.6%; in second place we position a less known platform, occupying 21.9% of the total; the last application in this graphic scheme is the recent Amazon Prime virtual support. HBO is not employed by respondents.

Number of episodes.	xi	fi	xi*fi	xi²*fi
0-3	1,5	25	37,5	56,25
4-7	5,5	6	33	181,5
7-10	8,5	1	8,5	72,25
		Σfi 32		

In the following graph we can see that a large majority, which is 78%, see 0-3 episodes in a day normally. The remaining two percentages, which are 19% of those surveyed who watch between 4-7 episodes and 3% who watch more than 7 episodes.



- Technical details of the document.

Scope.	I.E.S Turgalium.		
Sample.	E.S.O and Bachillerato students from I.E.S Turgalium.		
Type of survey.	Google form.		
Information pickup.	The teachers send the questionnaire to the students.		
Sample size.	32 students.		
Creation date.	May 2021.		
Group members.	 Maria del Rosario Sanchez Sanchez. Leire Catalán Martín. Delia Robles Santamaría. Luis Miguel Montero Bernal. 		